

## Waxing

Using the latest premium system of wax:one made from quality ingredients and achieving long-lasting, super smooth results. wax:one is a comfortable and highly effective system and promises the most pain-free hair removal on the market.

Duration  
(Mins) Price

### wax:one strip wax

Full Leg	45	£30
Three Quarter Leg	40	£23
Half Leg	30	£19

### wax:one hot wax

Underarm	20	£13
Forearm	25	£15
Full arm	35	£17
Bikini Line (just inside knicker line)	20	£14
Extended Bikini (2 inches inside knicker line)	25	£16
G String Bikini (full length strip remaining)	30	£22
Brazilian (the landing strip. A small strip of hair about 1 inch wide is left)	45	£33
Hollywood (completely bare)	60	£35
Eyebrow Shape	15	£11
Upper Lip	15	£9
Chin	15	£10
Extended Chin	25	£13
Nostril	15	£10

## Men's Waxing

Eyebrow Shape	15	£11
Back	40	£25
Chest	40	£25

## Body Care

Purifying Back Treatment Includes exfoliation, deep cleansing mask and relaxing massage.	55	£50
Full Body Exfoliation and Moisturise	45	£40

## Massage

### Swedish Massage

A technique working on muscle tissue, relieving tension, improving both mental & physical wellbeing and promoting relaxation, including Body Brushing prior to any massage treatment.

Duration  
(Mins) Price

Full Body Massage	60	£58
Back, Neck & Shoulders	45	£47
Back, Neck & Shoulders	30	£32
Head & Scalp	30	£32
Indian Head Massage	30	£33

### Deep Tissue Massage

Concentrating on the body's deeper layers of muscle. A slow, firm and deep pressure massage to help relieve muscle tension.

Full Body	60	£65
Back, Neck & Shoulders	45	£50

### Lava Shells Massage

Marine polished shells glide smoothly over your body providing a seamless massage of heat and touch.

Full Body Massage	60	£66
Back, Neck & Shoulders	30	£38

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Gift Vouchers Available

  
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Treatment and  
Price List

## Facial Treatments

The Neal's Yard Remedies Holistic Facial is not just skin deep, it is a sensual and enjoyable experience, aiming to give long-term benefits and a greater sense of well being. The facial will combine skin nourishment and soothing massage, leaving skin feeling fresher and looking clearer and more radiant. NYR contains the finest natural and organic ingredients. All products are free from harmful chemicals, parabens, GMOs, mineral oils, or synthetic fragrances or colours. NYR products are not tested on animals and do not contain any trace of animal ingredients.

	Duration (Mins)	Price
<b>NYR Anti-Ageing Frankincense Firming Facial</b>	60	£65

This rejuvenating facial fights the signs of ageing the natural way with the powerful rejuvenating property of Frankincense and elasticity-boosting plant extracts to visibly plump and firm the skin.

<b>NYR Signature Facial</b>	60	£58
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This luxurious facial treatment is individually tailored to suit the needs of your skin, helping to restore your skin's healthy radiance. The **Rehydrating Rose** collection deeply nourishes the skin, enhancing its natural radiance. The **Purifying Palmarosa** collection balances the skin's natural oils resulting in a clearer complexion. The **Nourishing Orange Flower** collection rehydrates the skin leaving it soft and supple and also cares for sensitive skin.

<b>NYR Mini Facial</b>	30	£32
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Suitable for all skin types this express facial is the perfect introduction to the British made brand or for skin that needs a little pick me up.

## Crystal Clear Microdermabrasion

The Crystal Clear Microdermabrasion treatment offers a safe and controlled method of skin exfoliation and resurfacing using ultra fine crystals. This promotes a smoother, fresher skin to emerge thus correcting surface irregularities. An excellent treatment for fine lines, sun damage, pigmentation, open pores, blackheads, blemish and acne scars.

<b>Beauty Flash</b>	30	£42
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Includes cleanse, microdermabrasion, tone, and moisturise.

<b>Deluxe Microdermabrasion</b>	75	£72
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Includes cleanse, microdermabrasion, lift, mask, scalp massage, tone, and moisturise.

<b>Course of 3</b>		£205
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## Nail Treatments

Inspired by facial skin care, OPI has perfected a ProSpa range for hands and feet. The ProSpa collection features a proprietary blend of cupuaçu butter and white tea extract. This collection ensures hands and feet are left nourished and radiant through their natural ingredients.

### Manicure

<b>Ultimate</b>	75	£40
File & shape, cuticle treatment, exfoliation, nail treatment, serum & massage, heated mittens, finished with a polish.		

<b>Classic</b>	55	£32
File & shape, cuticle treatment, exfoliation, treatment cream & massage, finished with a polish.		

<b>Mini</b>	30	£18
File & shape, cuticle treatment, finished with a polish.		

### Pedicure

<b>Ultimate</b>	75	£42
The ultimate in luxury treatments. File & shape, cuticle treatment, callus peel, exfoliation, heated booties, treatment cream & massage, finished with a polish.		

<b>Classic</b>	55	£33
File & shape, cuticle treatment, callus file, exfoliation, treatment cream, finished with a polish.		

<b>Mini</b>	30	£18
File & shape, cuticle treatment, finished with a polish.		

<b>Add Gel Polish</b>		£10
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### Ibd Just Gel Nails

Just Gel is a complete gel nail polish that provides a rich, even colour & provides long lasting wear of up to 2 weeks and soaks off in 10 minutes.

<b>Just Gel Manicure or Pedicure</b>	60	£28
File & shape, cuticle tidy, Just Gel polish & cuticle treatment.		

<b>Shellac Nails</b>	60	£28
As above, but with an alternative product. Ideal for weak or soft nails.		

<b>Gel French</b>	70	£30
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<b>Gel Rockstar</b>	70	£30
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Glitter encased within the gel.

### Gel Removal (free with re-application)

Remove gel, file & tidy & apply nail treatment.	30	£14
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<b>Nail Art</b>		From £1
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<b>IBX Repair Nail Treatment</b>	25	add £9
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An intense treatment to target and treat nail imperfections, to strengthen & encourage healthy nail growth. An addition to any manicure.

<b>Paraffin Wax Treatment</b>	30	£17
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Hands/feet wrapped in gloves/socks with a natural deep-acting hand and foot mask to soften and moisturise. Include this treatment with any manicure or pedicure

add £15

<b>Callus Peel Treatment</b>	40	£28
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Includes skin softening patches.

Include this treatment with any pedicure

add £20

## Eye Treatments

(Patch test required 48 hrs prior to treatment)

### Tinting

Appraise eyelash & eyebrow tinting, enhancing their natural appearance, available in a variety of shades for a natural or dramatic look.

<b>Eyelash Tint</b>	15	£16
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<b>Eyebrow Tint</b>	15	£10
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<b>Eyebrow Tint &amp; Shape</b>	30	£20
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Includes trim, wax & tweezer

<b>HD Brows</b>	45	£36
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<b>LVL Lashes</b>	75	£56
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The revolutionary alternative to lash extensions. LVL will add length, volume & lift to your natural lashes and results last up to 6 weeks. This also includes an eyelash tint.

<b>Lash Lift</b>	75	£50
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As above, but with an alternative product and supplier.

<b>Strip Lash Application</b>	10	£11
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(Includes cost of lashes)

## Spray Tan

### Sienna X Spray Tan

A market leader in the industry and tailored to suit your skin colour, producing a long lasting and streak free natural tan.

<b>Full Body Tan</b>	20	£28
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